



## Myers Briggs Type Indicator (MBTI) ® HIGH TEA

Have you ever wondered why you immediately hit it off with some people and find others challenging or difficult?



This fun and engaging 3-hour workshop will provide you with great insights around personality types using the Myers Briggs Type Indicator ® assessment process. It is a fabulous development tool that can potentially create a whole new perspective on everything that happens around you when interacting with others.

It is a personality assessment that indicates psychological preferences in how people perceive the world and make decisions. It came about through the work of Katharine Briggs and her daughter Isabel Briggs Myer. They wanted a tool that would make the work of Psychologist Carl Gustav Jung useful in everyday life ... and they nailed it.

Jung speculated that there are four psychological functions by which humans experience the world – sensation, intuition, feeling, and thinking – and that one of these four functions is dominant for a person most of the time. The underlying assumption of the MBTI is to identify this dominant function to better understand that we all have specific preferences in the way we construe experiences, and these preferences underpin our interests, needs, values and motivation.

The workshop is held over a sumptuous high tea at venues within the picturesque Town of Toodyay in the Avon Valley nestled in WA's Wheatbelt region OR within Perth City OR a venue of your choice should you have a team that would benefit from the workshop.

### **In Toodyay**

Travel to Toodyay on the Avonlink train departing East Perth terminal at 8:55am arriving into Toodyay at 10:07am and returning 3:14pm from Toodyay arriving at East Perth 4:30pm.

This workshop is part of the Lifelong Learning Wellness Wednesday series.

Visit [www.lifelonglearning.com.au](http://www.lifelonglearning.com.au) to find out more or talk to Di Granger 0413 748 884